

Sent: Mon, 2 Sep 2019 09:27:20 +0000

Subject: Week 87 Learnings - #Do something for Nothing

## Dear all

Last week I attended a very powerful session by Joshua Coombes at the Economic Times 40 under 40 awards event.

Joshua Coombes is a hairdresser from Devon, England.

He is not rich but he is famous.

He does a different type of charity and hence he is famous.

Joshua visits all the homeless people in large cities and offers them – a haircut, free of charge.

Joshua is a hairdresser and came up with this novel idea of giving back happiness to society.

My lessons listening to him:

- 1. No one needs to be rich to give back to someone
- 2. Giving back does not mean you will get anything in return
- 3. The best giving is what you are good at, it has nothing to do with money, it's your skill.

- 4. When Joshua visits the homeless across the world, the thing he noticed was that they haven't had a haircut in about 2 years. Homelessness is there in every country, rich or poor.
- 5. Jousha gives them a haircut and then shows them the mirror. He says that they have a look of total happiness when they see the transformation. In the picture I have attached with this mail, you can see the pre and post expression.
- 6. The thing homeless people want is company, to be with them in person, they are not looking for money or material things.
- 7. Homeless people want to feel that they have their worth in society.
- 8. Joshua offered haircuts in Mumbai to small kids in Mumbai. He mentioned that this becomes a social event since the whole street comes to a stop when he is doing the haircut.
- 9. Ordinary people can do a lot is my lesson.
- 10. Charity is a cumbersome process, fill forms, get permission, etc etc. Joshua's act based on his capability is so much easier.

So give back something based on what you are good at, however big or small.

Feedback welcome

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