

The 5 Elements of Effective Thinking

Edward Burger and Michael Starbird

The root of success in everything from academics to business to leadership and everything else , is thinking-whether its thinking disguised as intuition or as good values or as decision making or problem saving.

**‘Education is what survives when
what has been learned has been
forgotten’**

BF Skinner

5 Elements of Thinking and Learning

1. Understand deeply
2. Make mistakes
3. Raise Questions
4. Follow the flow of ideas
5. Change

What is deep understanding?

In everything you do, refine your skills and knowledge about fundamental concepts.

As you revisit fundamentals, you will find new insights.

It may appear that returning to basics is a step backward, but this return will help you soar higher.

What everybody believes is not always actually true.

Aristotle said that heavier objects fall faster till Galelio disproved it with a simple experiment.

Understanding simple things deeply means mastering the fundamental principles, ideas and methods that then create a solid foundation on which you can build.

‘Fail’ is not an obscene word. Any creative accomplishment evolves out of lessons learned from a long succession of missteps.

**Wisdom just for the asking.
Traditionally people believe that
it's in the answering of questions
that progress is made. In fact,
creating questions is as important
as answering them.**

**Be Thought provoking
Getting in the habit of asking
questions will transform you into
an active(ratherthanpassive)
listener.**

